

HEATHFIELD SCHOOLS' PARTNERSHIP

Summer 2018



WEEK 1

16/4, 7/5, 4/6, 25/6, 16/7

Option 1

Sticky BBQ Free Range Chicken Thigh served with Wholemeal Pitta

Tuesday.

Pork Sausage Hot Dog

Wednesday.

Roast Turkey served with Stuffing, Roast Potatoes and Gravy

Thursday.

Mexican Minced Organic Beef Bake served with Potato Wedges

Friday.

Golden Fish Fingers served with Chips

Option 2 v Vegetarian

Mixed Bean Chilli Con Carne served with Steamed Rice v

Vegetarian Sausage Hot Dog v

Quorn Roast served with Roast Potatoes and Gravy v

Vegetable Lasagne v

Vegetable Nuggets served with Chips v

Option 3

Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw

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Vegetables

Broccoli Sweetcorn

Carrots Peas

Roast Parsnips Green Beans

Carrots Sweetcorn

Garden Peas Baked Beans

Dessert

Apple Crumble with Custard

Chocolate Sponge with Custard

Rice Krispie Cake

Shortbread with Fruit Salad

Fruit Lolly

WEEK 2

23/4, 14/5, 11/6, 2/7, 23/7

Option 1

Organic Beef Lasagne

Tuesday.

Beef Burger served with Potato Wedges

Wednesday.

Roast Pork served with Apple Sauce, Roast Potatoes and Gravy

Thursday.

Mild Free Range Chicken Korma served with Steamed Rice

Friday.

Breaded Fish Fillet served with Chips

Option 2 v Vegetarian

Vegetable Pasty served with Mashed Potatoes v

Vegetable Burger served with Potato Wedges v

Cheesy Lentil Roast served with Roast Potatoes v

Neapolitan Pasta Bake v

Cheese Whirl served with Chips v

Option 3

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Vegetables

Garden Peas Carrots

Sweetcorn Broccoli

Butternut Squash Green Beans

Carrots Sweetcorn

Garden Peas Baked Beans

Dessert

Oaty Biscuit

Banana Cake

Fruit Jelly

Marble Cake with Custard

Strawberry Delight

WEEK 3

30/4, 21/5, 18/6, 9/7

Option 1

Ham and Sweetcorn Pizza served with Herby Diced Potatoes

Tuesday.

Organic Beef Bolognese served with Spaghetti

Wednesday.

Roast Free Range Chicken Thigh served with Stuffing, Roast Potatoes and Gravy

Thursday.

Salmon and Broccoli Quiche served with New Potatoes

Friday.

Golden Fish Fingers served with Chips

Option 2 v Vegetarian

Cheese and Tomato Pizza served with Herby Diced Potatoes v

Vegetable Curry served with Steamed Rice v

Cheese and Leek Potato Pie v

Macaroni Cheese v

Mixed Bean and Pepper Fajita served with Chips v

Option 3

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Vegetables

Baked Beans Carrots

Sweetcorn Garden Peas

Roasted Root Vegetables Steamed Cabbage

Green Beans Sweetcorn

Garden Peas Baked Beans

Dessert

Vanilla Ice Cream Pot

Apple Sponge with Custard

Mandarin Cheesecake

Cherry Tart with Custard

Gluten Free Chocolate Brownie

Freshly Baked Bread, Salad Bar, Yoghurt and Fresh Fruit are available daily



We always meet the Government food based standard for school lunches. All of our meals are freshly prepared on site by our team to ensure there are no undesirable additives. Many of our dishes contain hidden vegetables to increase vegetable intake. We are continuously working to reduce the amount of refined sugar in our menus.

