



Heathfield Junior School

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EXECUTIVE HEADTEACHER – Mr Paul Clayton

Dear parents/carers,

We stress that it is not necessary to go out and buy all new and expensive kit for an adventure with The Bushcraft Company. You may be able to borrow some items from friends or family. Please remember to pack enough though for a fresh change of clothing each day.

The essentials

- Medication (named and given to class teacher)
- Large rucksack or holdall
- Small named rucksack to carry your essentials
- Warm sleeping bag (season 3 recommended)
- Roll mat
- 2 Tracksuit or hardwearing trousers
- 2 T-shirts
- 2 Jumpers or fleece tops (named)
- Waterproof jacket with hood
- Long-sleeved pyjamas and bed socks
- 3 pairs of socks and 3 underwear
- 2 pairs of footwear e.g. walking boots/old trainers (for outdoor use- no slip ons/ballet pumps)
- Named wash bag including toothbrush, small toothpaste, hairbrush, soap and flannel (no spray deodorant)
- 1 small towel
- 1 reusable named water bottle
- Alcohol hand gel bottle
- Insect repellent (roll on, gel or spray)
- Torch (with fresh batteries/wind up) - a head torch is ideal
- You may want to pack a reading book for bedtime.

Weather dependant items (check weather report at the beginning of the week)

- Wellington boots (named inside)
- Warm hat, scarf and gloves
- Sun cream
- Sun hat (named inside)

What not to bring

We ask you not to pack any food or sweets as all snacks and meals will be provided. Food may attract pests. To avoid the risk of expensive items being lost or damaged, please do not bring any electrical equipment or other expensive technology with you.

Please do not pack any slime/games/plastic toys as your child will be kept busy on our trip.

Further information will follow after half-term.

Thank you for your support,
Year 4 team