## **CLOTHING GUIDE FOR OSMINGTON 2024**

PLEASE USE HOLDALL TYPE CASE, THEY HAVE TO BE PACKED AWAY DURING THE STAY

- Lots of ROUGH clothes [may well be ruined]
- 1 outfit for last night disco
- 3 pairs of track suit bottoms
- 3 pairs shorts
- 4 t-shirts minimum [some should be long sleeved]
- Sweatshirts/fleeces
- Waterproof/windproof coat with hood (warm) they will be outdoors all day whatever the weather.
- Plenty of underwear and extra socks
- Clearly labelled purse or wallet
- OLD TRAINERS [could be wet some of the time]
- Comfortable trainers [may get wet] (2 pairs if possible) NO platform soles, flip flops, slip ons or plimsolls for activities
- Extra shoes/trainers for centre/indoor use only
- 2 towels
- Nightwear
- Torch
- Ruck sack (optional)
- Woolly hats/scarves/gloves
- Camera (optional) labelled
- Toiletries: Flannel/soap/shampoo/deodorant/toothbrush/toothpaste/brush/comb
- Small bottle of hand sanitiser
- Reusable water bottle named

**<u>First Aid</u>** A few plasters in case of blisters. Cream for dry skin etc.

PLEASE AVOID AEROSOLS, these will be confiscated if misused. Roll-ons only

High Factor Sun CREAM [it could be hot!] no oils

Large bin liners and plastic carrier bags for wet clothes

NO MOBILE PHONES, PAGERS, ELECTRONIC GAMES, JEWELLERY OR SWEETS.

<u>No jewellery of any description</u> will be allowed on any activity, including watches and earrings, not even studs

Long hair must be tied back for activities – bring the necessary hair bands etc <u>Please name all clothing clearly whether new or old</u>. Biro will be ok, they will not be seeing detergent!

## LOOKING AFTER CLOTHING IS YOUR CHILD'S RESPONSIBILITY

Make sure your child has a list of what has been packed and that they can easily recognise their own clothing. Please remember 'old clothes'. The children cannot fully enjoy these activities if they are worried about what mum will say about muddy clothes etc.