

## **Heathfield Junior School**

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EXECUTIVE HEADTEACHER - Mr Paul Clayton

8<sup>th</sup> May 2024

## Dear Parents / Carers

The Year 6 children will be taking their end of Key Stage SATs next week. The children have been very well prepared for the tests and should really enjoy the week.

Could we please ask that any appointments are not made during the week as the tests are statutory. Children should be ready for school on time and all resources will be provided.

Below is the timetable of tests and a list of top tips that the children can be thinking about; they really do work.

Mr Colenso Head of School

## 2024 SATs Arrangements

Date	Morning Test 1	Morning Test 2
Monday 13 <sup>th</sup> May	SPAG Test	Spelling
Tuesday 14 <sup>th</sup> May	Reading	No Test
Wednesday 15 <sup>th</sup> May	Maths Arithmetic Paper 1	Maths Reasoning Paper 2
Thursday 16 <sup>th</sup> May	Maths Reasoning Paper 3	No Test

## **Top Tips for SATs**

- 1. Get a good night's sleep in the weekend before SATs, so you are wide awake. Scientists recommend a bedtime of 8pm for Year 6 children.
- 2. Have a good breakfast so you are not hungry during the tests.
- Drink lots of water and try to avoid too much sugar. The more hydrated your brain is the better it works.
- 4. Make sure you are in school on time at 08:45, ready to start.
- 5. Read every night from now until SATs. Your brain is a muscle and reading exercises it.
- 6. Remember how brilliant you are and that it is just a test.
- 7. Breathe deeply and give it all a go!
- 8. Get someone to read you the question if you are not sure. (Maths and SPAG only)
- 9. Check your work at the end.