



## Heathfield Schools' Curriculum Overview

### PE

Subject	Intent	Implementation	Impact
<b>Physical Education</b>	<p>The PE curriculum will ensure that children will be able to:</p> <ul style="list-style-type: none"> <li>• Be physically and mentally confident to participate in a broad range of physical activities.</li> <li>• Develop the stamina needed to be physically active for sustained periods of time.</li> <li>• Develop the competence to engage effectively in competitive sports.</li> <li>• Demonstrate resilience, fairness, respect and self-esteem.</li> <li>• Lead healthy and active lives.</li> <li>• Engender a love of physical activity so children want to participate long after they leave Heathfield.</li> </ul>	<p>The schools' PE progression document outlines the knowledge and skills that will be covered in each year group.</p>	<p><b><u>Assessment:</u></b></p> <p>Teachers and Early Years Practitioners use a range of on-going assessment for learning techniques to gather information about children's development within the associated strands.</p> <p>In Key Stages 1 and 2 assessment during lessons enables teachers to adapt planning as required. Key questions on the planning support teachers' assessment techniques.</p> <p>Key Stage 2 reflect on what they have already learnt at the start of each lesson using the WHALA system (We have already learnt about) and the AfL plenary at the end of the lesson provides an opportunity to assess the key learning that has been taught.</p> <p><b><u>Monitoring:</u></b></p> <p>Members of the Senior Strategy Team, Year Group leaders and Phase specific subject leaders undertake a range of monitoring activities across a year that</p>
		<p><b>EYFS</b></p> <p>Children have large spaces to enjoy energetic play daily. Equipment is freely available to enable to children to practise movement skills and promote balancing, climbing and negotiating space. Time is available in the hall once a week to enhance specific skills further through a dedicated PE slot. Resources are adapted throughout the year to ensure continued challenge (e.g. size of ball offered).</p>	
		<p><b>Key Stage 1</b></p> <p>The PE programme incorporates a variety of sports and physical activities to ensure all children develop their physical skills alongside developing confidence, tolerance and the appreciation of their own and others' strengths and weaknesses. Children also have access to large outdoor spaces daily for free play and structured activities to support their physical development. Swimming is taught as a discrete lesson from Year 2.</p> <p>Children are given the opportunity to engage in extra-curricular activities before, during and after school. An inclusive approach to extra-curricular activities before, during and after school encourages physical development and well-being.</p>	

## Key Stage 2

PE is taught for 2 hours a week (one session indoors and one outdoors). The PE programme incorporates a variety of sports and physical education activities to ensure all children develop the confidence, tolerance and the appreciation of their own and others' strengths and weaknesses.

Children are given the opportunity to engage in extra-curricular activities before, during and after school. An inclusive approach to extra-curricular activities before, during and after school encourages physical development and well-being.

In a KS2 PE lesson we will teach with:

- A warm up of fundamental skills based on previous learning (motor competence is improved through: control; precision; fluency and application. This is achieved in isolation; in combination; under increasing pressure; in more unpredictable settings and in a wider range of unfamiliar settings)
- A WHALA is used at the start to prompt and link to knowledge from previous lessons
- Selecting and applying of the next key skill based on the progression document.
- Personalised intentions delivered through STEP teaching in small sided games.
- An evaluation of children's progress - at the end of each lesson, an AfL plenary is used to assess the key knowledge and skills that should have been acquired.

Additional teaching expertise is provided by outside agencies such as Harlequins, England Netball, London Broncos, Brentford FC and Middlesex CCC, Promise Coaching, Monte Lynch and Realrunners who come in to work with teachers.

Swimming is taught as a discrete lesson in Years 3 and 4.

Catch up swimming sessions February half term at Hanworth Pool offered to all year groups.

include:

- "Pop ins"/learning walks
- Discussions with children
- Staff interviews
- Planning scrutinies
- In KS2 Outside agencies such as YST and SCo monitor for Gold Standard status.