



HEATHFIELD SCHOOLS' PARTNERSHIP

CURRICULUM OVERVIEW

PERSONAL SOCIAL HEALTH AND ECONOMIC EDUCATION RELATIONSHIPS AND SEX EDUCATION

Intent

The PSHE / RSE curriculum will ensure that children will be able to:

- Understand our whole school ethos and values.
- Be provided with a supportive framework in which discussions can take place.
- Develop feelings of self-respect, confidence and empathy.
- Be prepared for puberty, and have an understanding of the importance of health and hygiene.
- Recognise and value all families and relationships.
- Know the correct vocabulary to describe themselves and their bodies.

Implementation

The schools' PSHE / RSE progression document outlines the knowledge and skills that will be covered in each year group.

EYFS

In the Early Years Foundation Stage planning in the moment allows children to learn about elements of PSHE / RSE through practical exploration, questioning and interactions with their peers and adults. They work every day on building their self-confidence and self-awareness, and on learning to manage their own feelings and behaviour. Children are taught to develop respect for the people and world around them and to understand the importance of making healthy choices.

Key Stage 1

PSHE is covered in three topics with one being taught each term. RSE is taught within these topics. These are Health and Wellbeing, Family and Relationships, and Safety and the Changing Body. Topics are covered in this order to ensure consistency across the school. Lessons are either taught once a week for half a term or every other week over the whole term. Lessons are taught by the class teacher for a duration of 30 minutes to an hour. Planning is taken directly from Kapow and adapted where appropriate. Year groups create smartboards to support the learning and to ensure teachers are familiar with the lesson content. At the beginning of the year a Class Rules agreement is created collaboratively with the class, which can then be revisited where needed.

PSHE may also be covered across the curriculum where it arises, through circle times, story times and through whole school assemblies. Biological aspects of RSE are taught within the Science curriculum, and other aspects are included in RE and Computing.

Key Stage 2

PSHE is covered in three topics with one being taught each term. RSE is taught within these topics. These are Health and Wellbeing, Family and Relationships, and Safety and the Changing Body. Topics are covered in this order to ensure consistency across the school. Lessons are either taught once a week for half a term or every other week over the whole term. Lessons are taught by the class teacher for a duration of 30 minutes to an hour. Planning is taken directly from Kapow and adapted where appropriate. Year groups create smartboards to support the learning and to ensure teachers are familiar with the lesson content. At the beginning of the year a Class Rules agreement is created collaboratively with the class, which can then be revisited where needed.

PSHE may also be covered across the curriculum where it arises, through circle times, story times and through whole school assemblies. Biological aspects of RSE are taught within the Science curriculum, and other aspects are included in RE and Computing.

Pupils in KS2 will also receive stand-alone health education sessions delivered by a trained health professional.

Impact

Assessment

Teachers and Early Years Practitioners use a range of on-going assessment for learning techniques to gather information about children's development within the associated strands.

In Nursery and Reception children's Tapestry files are updated during their focus weeks and this is shared with parents.

In Key Stages 1 and 2 assessment during lessons enables teachers to adapt planning as required. Key questions on the planning support teachers' assessment techniques.

Each class to have a class log book where class teachers will add examples of children's work or evidence of whole class activity (photos, whole class write up, post-it-notes from children).

Monitoring

Members of the Senior Strategy Team, Year Group Leaders and Phase Specific Subject Leaders undertake a range of monitoring activities across a year that include:

- "Pop ins"/learning walks
- Work scrutinies
- Discussions with children

An in-depth review of PSHE / RSE takes place every 2 years as outlined on the schools' review schedule.