

# HEATHFIELD SCHOOLS' PARTNERSHIP

Winter - Spring 2019



## WEEK 1

7/1, 28/1, 25/2,  
18/3, 8/4

**Option 1**

**Option 2** v  
Vegetarian

**Option 3**

**Vegetables**

**Dessert**

## WEEK 2

14/1, 4/2,  
4/3, 25/3

**Option 1**

**Option 2** v  
Vegetarian

**Option 3**

**Vegetables**

**Dessert**

## WEEK 3

21/1, 11/2,  
11/3, 1/4

**Option 1**

**Option 2** v  
Vegetarian

**Option 3**

**Vegetables**

**Dessert**

	Monday.	Tuesday.	Wednesday.	Thursday.	Friday.
<b>Option 1</b>	Organic Beef Pasta Bolognaise	All Day Breakfast, Pork Sausage, Omelette and Herby Diced Potatoes	Roast Gammon served with Roast Potatoes and Gravy	Jacket Potato with Grated Cheese, <span style="color: green;">v</span> Tuna Mayo,	Lemon Battered Fish Fillet served with Chips
<b>Option 2</b> <span style="color: green;">v</span> Vegetarian	Cheddar and Onion Pasty served with New Potatoes <span style="color: green;">v</span>	All Day Breakfast, Vegetarian Sausage, Omelette and Herby Diced Potatoes <span style="color: green;">v</span>	Roast Quorn served with Stuffing, Roast Potatoes and Gravy <span style="color: green;">v</span>	Baked Beans, <span style="color: green;">v</span> Coleslaw <span style="color: green;">v</span> or Chilli Con Carne	Vegetable Nuggets served with Chips <span style="color: green;">v</span>
<b>Option 3</b>	Pesto Pasta	Tomato and Basil Pasta	Pesto Pasta		Tomato and Basil Pasta
<b>Vegetables</b>	Cauliflower Sweetcorn	Baked Beans Grilled Tomatoes	Carrots Steamed Cabbage	Green Beans Carrots	Garden Peas Baked Beans
<b>Dessert</b>	Peaches with Wholemeal Shortbread	Chocolate Rice Pudding	Strawberry Jelly	Apricot Sponge with Custard	Lemon Drizzle Cake
<b>Option 1</b>	Monday. Ham and Pineapple Pizza served with Potato Wedges	Tuesday. Organic Beef Meatballs served with Mashed Potato and Gravy	Wednesday. Roast Turkey served with Stuffing, Roast Potatoes and Gravy	Thursday. Jacket Potato with Grated Cheese, <span style="color: green;">v</span> Tuna Mayo,	Friday. Golden Fish Fingers served with Chips
<b>Option 2</b> <span style="color: green;">v</span> Vegetarian	Cheese and Tomato Pizza served with Potato Wedges <span style="color: green;">v</span>	Baked Bean Lasagne <span style="color: green;">v</span>	Roast Quorn served with Stuffing, Roast Potatoes and Gravy <span style="color: green;">v</span>	Baked Beans, <span style="color: green;">v</span> Coleslaw <span style="color: green;">v</span> or Chilli Con Carne	Chick Pea, Mixed Pepper and Sweetcorn Quesadilla served with Chips <span style="color: green;">v</span>
<b>Option 3</b>	Pesto Pasta	Tomato and Basil Pasta	Pesto Pasta		Tomato and Basil Pasta
<b>Vegetables</b>	Crudités	Carrots Garden Peas	Broccoli Carrots	Cauliflower Green Beans	Garden Peas Baked Beans
<b>Dessert</b>	Chocolate Sponge with Chocolate Custard	Oaty Cookie	Banoffee Pie	Apple Sponge with Custard	Vanilla Ice Cream
<b>Option 1</b>	Monday. Pork Sausage served with Mashed Potato and Gravy	Tuesday. Free Range Chicken and Tomato Pasta Bake	Wednesday. Roast Pork served with Roast Potatoes, Apple Sauce and Gravy	Thursday. Jacket Potato with Grated Cheese, <span style="color: green;">v</span> Tuna Mayo,	Friday. Battered Fish Fillet served with Chips
<b>Option 2</b> <span style="color: green;">v</span> Vegetarian	Vegetarian Sausage served with Mashed Potato and Gravy <span style="color: green;">v</span>	Roasted Vegetable Frittata served with New Potatoes <span style="color: green;">v</span>	Roast Quorn served with Stuffing, Roast Potatoes and Gravy <span style="color: green;">v</span>	Baked Beans, <span style="color: green;">v</span> Coleslaw <span style="color: green;">v</span> or Chilli Con Carne	Sweet Chilli Vegetables served with Noodles <span style="color: green;">v</span>
<b>Option 3</b>	Pesto Pasta	Tomato and Basil Pasta	Pesto Pasta		Tomato and Basil Pasta
<b>Vegetables</b>	Green Beans Carrots	Sweetcorn Cauliflower	Carrots Broccoli	Carrots Sweetcorn	Garden Peas Baked Beans
<b>Dessert</b>	Stewed Apple with a Mini Doughnut	Raspberry Ripple Sponge with Custard	Old English Biscuit	Fruit Crumble served with Custard	Gluten Free Chocolate Brownie



Freshly Baked Bread, Salad Bar, Yoghurt and Fresh Fruit are available daily

We always meet the Government food based standard for school lunches. All of our meals are freshly prepared on site by our team to ensure there are no undesirable additives. Many of our dishes contain hidden vegetables to increase vegetable intake. We are continuously working to reduce the amount of refined sugar in our menus.

THIS MENU SUPPORTS:

