

HEATHFIELD SCHOOLS PARTNERSHIP

Spring / Summer 2020



WEEK 1

06/01, 27/01,
24/02, 16/03

Option 1

Monday.	Tuesday.	Wednesday.	Thursday.	Friday.
Hawaiian Pizza served with Potato Wedges	Traditional Organic Cottage Pie	Roast Free Range Chicken Thigh served with Stuffing, Roast Potatoes and Gravy	Jacket Potato with Grated Cheese, Tuna Mayo, Chilli Con Carne, Baked Beans or Coleslaw	Fish Fingers or Salmon Fish Fingers served with Chips

Option 2 V Vegetarian

Cheese and Tomato Pizza served with Potato Wedges	Vegetarian Pasta Bolognaise	Roast Quorn served with Stuffing, Roast Potatoes and Gravy	Jacket Potato with Grated Cheese, Tuna Mayo, Chilli Con Carne, Baked Beans or Coleslaw	Vegetable Nuggets served with Chips
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Option 3

Pesto Pasta	Tomato and Basil Pasta	Pesto Pasta	Chilli Con Carne or Vegetarian Chilli Con Carne served with Steamed Rice	Tomato and Basil Pasta
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Vegetables

Carrots Garden Peas	Broccoli Sweetcorn	Carrots Cabbage	Green Beans Carrots	Baked Beans Garden Peas
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Dessert

Pineapple Upside Down Cake with Custard	Ginger Cookie	Fruit Salad	Apple and Cinnamon Whirl	Fruit Slushy
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WEEK 2

13/01, 3/02,
02/03, 23/03

Option 1

Monday.	Tuesday.	Wednesday.	Thursday.	Friday.
Free Range Jerk Chicken served with Steamed Rice	Toad in the Hole served with Mashed Potato and Gravy	Organic Minced Beef Hot Pot	Jacket Potato with Grated Cheese, Tuna Mayo, Chilli Con Carne, Baked Beans or Coleslaw	Gluten Free Battered Fish served with Chips

Option 2 V Vegetarian

Macaroni Cheese	Vegetarian Toad in the Hole served with Mashed Potato and Gravy	Roasted Vegetable Gratin served with New Potatoes	Jacket Potato with Grated Cheese, Tuna Mayo, Chilli Con Carne, Baked Beans or Coleslaw	Cheese and Tomato Wheel served with Chips
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Option 3

Tomato and Basil Pasta	Pesto Pasta	Tomato and Basil Pasta	Chilli Con Carne or Vegetarian Chilli Con Carne served with Steamed Rice	Pesto Pasta
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Vegetables

Sweetcorn Carrots	Cauliflower and Broccoli Garden Peas	Carrots Green Beans	Garden Peas Carrots	Baked Beans Garden Peas
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Dessert

Apple Crumble with Custard	Fruit Salad	Cherry Shortbread	Chocolate and Beetroot Brownie	Fruit Slushy
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WEEK 3

20/01, 10/02,
09/03, 30/03

Option 1

Monday.	Tuesday.	Wednesday.	Thursday.	Friday.
Organic Beef Bolognaise Pasta Bake	Free Range Chicken Tikka Masala served with Steamed Rice	Roast Pork served with Apple Sauce, Roast Potatoes and Gravy	Jacket Potato with Grated Cheese, Tuna Mayo, Chilli Con Carne, Baked Beans or Coleslaw	Fish Fingers served with Chips

Option 2 V Vegetarian

Vegetable Lasagne	Spinach, Potato and Chick Pea served with Steamed Rice	Sweet Potato Wellington served with Roast Potatoes and Gravy	Jacket Potato with Grated Cheese, Tuna Mayo, Chilli Con Carne, Baked Beans or Coleslaw	Cheese and Onion Pasty served with Chips
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Option 3

Tomato and Basil Pasta	Pesto Pasta	Tomato and Basil Pasta	Chilli Con Carne or Vegetarian Chilli Con Carne served with Steamed Rice	Pesto Pasta
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Vegetables

Sweetcorn Green Beans	Carrots Garden Peas	Sautéed Cabbage and Leek Carrots	Green Beans Sweetcorn	Baked Beans Garden Peas
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Dessert

Flapjack	Fruit Salad	Mandarin Jelly	Gluten Free Chocolate Sponge with Custard	Fruit Slushy
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LOOK FOR THE SUGAR SHERIFF THESE MEALS ARE COMPLETELY FREE FROM ADDED SUGAR!



Freshly Baked Bread, Salad Bar, Yoghurt and Fresh Fruit are available daily

THIS MENU SUPPORTS:



We always meet the Government food based standard for school lunches. All of our meals are freshly prepared on site by our team to ensure there are no undesirable additives. Many of our dishes contain hidden vegetables to increase vegetable intake. We are continuously working to reduce the amount of refined sugar in our menus.

