

HEATHFIELD SCHOOL'S PARTNERSHIP

SPRING 2023

WEEK 1

02/01/23, 23/01/23,
20/02/23, 13/03/23



Option 1

Katsu Vegetable Noodles

Tuesday.

Theo's Build a Chicken Wrap served with Herby Diced Potatoes

Wednesday.

Roast Gammon served with Roast Potatoes and Gravy

Thursday.

Organic Cottage Pie topped with Root Vegetable Mash

Friday.

Breaded Pollock served with Chips

Option 2 v Vegetarian

Macaroni Cheese

Vegetable and Bean Jambalaya (Ve)

Veggie Cumberland Sausage Puff served with Roast Potatoes

Veggie Cottage Pie

Chickpea and Sweetcorn Burger with served with Chips (Ve)

Option 3

Tomato and Basil Pasta (Ve)

Jacket Potato served with Cheese, Tuna Mayonnaise, Baked Beans (Ve) or Coleslaw

Mushroom Carbonara

Jacket Potato served with Cheese, Tuna Mayonnaise, Baked Beans (Ve) or Coleslaw

Neapolitan Pasta (Ve)

Vegetables

Broccoli
Carrots

Carrots
Garden Peas

Steamed Cabbage
Green Beans

Carrots
Sweetcorn

Garden Peas
Baked Beans

Dessert

Chocolate Slice

Homemade Hob Nob (Ve)

Fruit Salad (Ve)

Apple and Cinnamon Traybake

Winter Berry Compote with Ice Cream

WEEK 2

09/01/23, 30/01/23
27/02/23, 20/03/23

Option 1

Lentil and Squash Tagine served with Lemon Cous Cous (Ve)

Tuesday.

Organic Beef Bolognese served with Pasta

Wednesday.

Pork Sausages served with Mashed Potato and Gravy

Thursday.

Free Range Chicken Tikka Masala served with Steamed Rice

Friday.

Fish Fingers or Salmon Fish Fingers served with Chips

Option 2 v Vegetarian

Vegetarian Chilli (Ve) served with Nachos and Sour Cream

Winter Vegetable Ragù served with Pasta (Ve)

Veggie Sausage and Potato Bake (Ve)

Spinach, Sweet Potato and Lentil Dahl served with Steamed Rice (Ve)

BBQ Bean Burrito served with Chips

Option 3

Macaroni Cheese

Jacket Potato served with Cheese, Tuna Mayonnaise, Baked Beans (Ve) or Coleslaw

Broccoli Pesto Pasta (Ve)

Jacket Potato served with Cheese, Tuna Mayonnaise, Baked Beans (Ve) or Coleslaw

Tomato and Basil Pasta (Ve)

Vegetables

Green Beans
Carrots

Sweetcorn
Broccoli

Roasted Root Vegetables
Cauliflower

Carrots
Sweetcorn

Garden Peas
Baked Beans

Dessert

Iced Vanilla Sponge

Chocolate and Beetroot Brownie

Fruit Salad (Ve)

Apple Crumble (Ve) with Custard

Lemon Drizzle Cookie (Ve)

WEEK 3

16/01/23, 06/02/23
06/03/23, 27/03/23

Option 1

Vegetarian Bolognese served with Pasta (Ve)

Tuesday.

Ham and Cheese Pizza served with Potato Wedges

Wednesday.

Roast Free Range Chicken and Root Vegetable Traybake served with Roast Potatoes

Thursday.

Organic Beef Chilli Con Carne served with Savoury Rice

Friday.

Breaded Pollock served with Chips

Option 2 v Vegetarian

Vegetable Enchilada

Cheese and Tomato Pizza served with Potato Wedges

Roast Quorn served with Roast Potatoes and Gravy

Sweet Potato and Pepper Frittata served with New Potatoes

Veggie Sausage Hot Dog served with Chips (Ve)

Option 3

Classic Ratatouille with Spaghetti (Ve)

Jacket Potato served with Cheese, Tuna Mayonnaise, Baked Beans (Ve) or Coleslaw

Tomato and Spinach Pasta (Ve)

Jacket Potato served with Cheese, Tuna Mayonnaise, Baked Beans (Ve) or Coleslaw

Cheesy Tomato Pasta

Vegetables

Broccoli
Sweetcorn

Carrots
Garden Peas

Steamed Cabbage
Sweetcorn

Green Beans
Carrots

Garden Peas
Baked Beans

Dessert

Vanilla, Honey and Yoghurt Cake

Chocolate Orange Sponge with Chocolate Custard

Fruit Salad (Ve)

Flapjack (Ve)

Raspberry Jelly (Ve)



FRESHLY BAKED BREAD, SALAD BAR, YOGHURT AND FRESH FRUIT ARE AVAILABLE DAILY

WE ALWAYS MEET THE GOVERNMENT FOOD BASED STANDARD FOR SCHOOL LUNCHES. ALL OF OUR MEALS ARE FRESHLY PREPARED ON SITE BY OUR TEAM TO ENSURE THERE ARE NO UNDESIRABLE ADDITIVES. MANY OF OUR DISHES CONTAIN HIDDEN VEGETABLES TO INCREASE VEGETABLE INTAKE. WE ARE CONTINUOUSLY WORKING TO REDUCE THE AMOUNT OF REFINED SUGAR IN OUR MENUS.

THIS MENU SUPPORTS:

