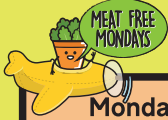


# HEATHFIELD SCHOOLS

SPRING 2024

## WEEK 1

08/01/24, 29/01/24,  
26/02/24, 18/03/24



### Option 1

Cheese and Tomato Pizza with Potato Wedges

### Tuesday.

Beef Chilli Con Carne with Tortilla and Rice

### Wednesday.

Roast Chicken with Roast Potatoes and Gravy

### Thursday.

Chicken Burger with Coleslaw

### Friday.

Fish Fingers with Chips and Tomato Ketchup

### Option 2 v Vegetarian

Jambalaya (Ve)

Tandoori Quorn with Tortilla and Rice

Roasted Vegetable Slice with Roast Potatoes

Vegetable Burger (Ve) with Coleslaw

Vegetable Nuggets with Chips and Tomato Ketchup (Ve)

### Option 3

Jacket Potatoes with a choice of Fillings

Tomato and Spinach Pasta (Ve)

Jacket Potatoes with a choice of Fillings

Red Pepper Pasta (Ve)

Jacket Potatoes with a choice of Fillings

### Vegetables

Sweetcorn  
Carrots

Carrots  
Peas

Broccoli  
Sweetcorn

Carrots  
Green Beans

Baked Beans  
Garden Peas

### Dessert

Chocolate Flapjack (Ve)

Orange Drizzle Cake or Shortbread (Ve)

Fruit Salad (Ve)

Banoffee Cake or Shortbread (Ve)

Stewed Apples with Ice Cream

## WEEK 2

15/01/24, 05/02/24,  
04/03/24, 25/03/24

### Option 1

Vegetarian Meatball Sub topped with Cheese

### Tuesday.

Butter Chicken with Rice

### Wednesday.

Pork Sausages in a Yorkshire Pudding with Roast Potatoes and Gravy

### Thursday.

Beef Bolognese with Pasta

### Friday.

Breaded Fish with Chips and Tomato Ketchup

### Option 2 v Vegetarian

Crunchy topped Vegetable Bake with New Potatoes (Ve)

Chilli Bean Loaded Wedges (Ve)

Vegetarian Sausages in a Yorkshire Pudding with Roast Potatoes and Gravy

Vegetarian Bolognese with Pasta (Ve)

Vegetable Fingers with Chips and Tomato Ketchup (Ve)

### Option 3

Jacket Potatoes with a choice of Fillings

Macaroni Cheese

Jacket Potatoes with a choice of Fillings

Pesto Pasta (Ve)

Jacket Potatoes with a choice of Fillings

### Vegetables

Peas  
Sweetcorn

Carrots  
Green Beans

Cauliflower  
Sweetcorn

Green Beans  
Carrots

Baked Beans  
Garden Peas

### Dessert

Chocolate Cornflake Cake

Banana Marble Cake (Ve) or Shortbread (Ve)

Fruit Salad (Ve)

Apple Sponge with Custard or Shortbread (Ve)

Anzac Biscuit (Ve)

## WEEK 3

22/01/24, 19/02/24,  
11/03/24

### Option 1

Cheese and Tomato Pizza with Potato Wedges

### Tuesday.

Cajun Chicken with Rice

### Wednesday.

Roast Pork with Roast Potatoes and Gravy

### Thursday.

Cheesy Topped Beef Pasta Bake

### Friday.

Fish Fingers or Salmon Fingers with Chips and Tomato Ketchup

### Option 2 v Vegetarian

Onion Bhajis with Sweet Chilli Sauce and Rice (Ve)

Vegetable and Lentil Curry with Rice (Ve)

Roast Quorn with Roast Potatoes and Gravy

Macaroni Cheese

Vegetarian Sausage with Chips and Tomato Ketchup (Ve)

### Option 3

Jacket Potatoes with a choice of Fillings

Cheesy Tomato Pasta

Jacket Potatoes with a choice of Fillings

Tomato and Basil Pasta (Ve)

Jacket Potatoes with a choice of Fillings

### Vegetables

Carrots  
Green Beans

Peas  
Sweetcorn

Green Beans  
Carrots

Sweetcorn  
Broccoli

Baked Beans  
Garden Peas

### Dessert

Cherry Shortcake

Chocolate Brownie

Fruit Salad

Peach Cobbler with Custard or Shortbread (Ve)

Jelly (Ve)



FRESHLY BAKED BREAD, SALAD BAR, YOGHURT AND FRESH FRUIT ARE AVAILABLE DAILY

WE ALWAYS MEET THE GOVERNMENT FOOD BASED STANDARD FOR SCHOOL LUNCHES. ALL OF OUR MEALS ARE FRESHLY PREPARED ON SITE BY OUR TEAM TO ENSURE THERE ARE NO UNDESIRABLE ADDITIVES. MANY OF OUR DISHES CONTAIN HIDDEN VEGETABLES TO INCREASE VEGETABLE INTAKE. WE ARE CONTINUOUSLY WORKING TO REDUCE THE AMOUNT OF REFINED SUGAR IN OUR MENUS.

THIS MENU SUPPORTS:

