



PE and Games Curriculum Map 2024-25

| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|---------------|--|--|---|---|---|---|
| Year 3 | <p>Invasion Games (Rugby, football, netball)</p> <p>REAL PE Static Balance Static Balance seated</p> <p>Fitness testing</p> | <p>Invasion Games (Rugby, football, netball)</p> <p>REAL PE Static Balance floor work Static balance smaller base</p> <p>Sportshall</p> | <p>Striking and Fielding games (Cricket)</p> <p>REAL PE Dynamic Balance Dynamic Balance to agility</p> <p>Gymnastics</p> | <p>Athletics</p> <p>REAL PE Counter Balance in Pairs Coordination with equipment</p> <p>Dance</p> | <p>Net and wall games (Tennis and wallball) Striking and fielding games (Cricket)</p> <p>REAL PE Coordination Ball Skills Coordination Floor Movement</p> <p>Athletics</p> | <p>Net and wall games (Tennis and wallball) Generic invasion games</p> <p>REAL PE Agility Ball Chasing Agility Reaction Response</p> <p>Athletics</p> |
| Year 4 | <p>Invasion Games (Rugby, football, netball)</p> <p>REAL PE Static Balance Static Balance seated</p> <p>Swimming</p> | <p>Invasion Games (Rugby, football, netball)</p> <p>REAL PE Static Balance floor work Static balance smaller base</p> <p>Swimming</p> | <p>Striking and Fielding games (Cricket)</p> <p>REAL PE Dynamic Balance Dynamic Balance to agility</p> <p>Swimming</p> | <p>Striking and Fielding games (Cricket)</p> <p>REAL PE Counter Balance in Pairs Coordination with equipment</p> <p>Gymnastics</p> | <p>Net and wall games (Tennis and wallball) Striking and fielding games (cricket)</p> <p>REAL PE Coordination Ball Skills Coordination Floor Movement</p> <p>Fitness Fundamentals Athletics</p> | <p>Net and wall games (Tennis and wallball) Generic invasion games</p> <p>REAL PE Agility Ball Chasing Agility Reaction Response</p> <p>Athletics</p> |
| Year 5 | <p>Invasion Games (Rugby, football, netball)</p> <p>REAL PE Static Balance Static Balance seated</p> <p>Fitness testing</p> | <p>Invasion Games (Rugby, football, netball)</p> <p>REAL PE Static Balance floor work Static balance smaller base</p> <p>Sportshall athletics</p> | <p>Striking and Fielding games (Cricket)</p> <p>REAL PE Dynamic Balance Dynamic Balance to agility</p> <p>Gymnastics</p> | <p>Striking and Fielding games (Cricket)</p> <p>REAL PE Counter Balance in Pairs Coordination with equipment</p> <p>Dance</p> | <p>Net and wall games (Tennis and wallball)</p> <p>REAL PE Coordination Ball Skills Coordination Floor Movement</p> <p>Athletics</p> | <p>Net and wall games (Tennis and wallball)</p> <p>REAL PE Agility Ball Chasing Agility Reaction Response</p> <p>Athletics</p> |

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| <p>Year 6</p> | <p>Invasion Games (Rugby, football, netball)</p> <p>REAL PE Static Balance Static Balance seated</p> <p>Fitness testing and Dance</p> | <p>Invasion Games (Rugby, football, netball)</p> <p>REAL PE Static Balance floor work Static balance smaller base</p> <p>Sportshall athletics</p> | <p>Striking and Fielding games (Cricket)</p> <p>REAL PE Dynamic Balance Dynamic Balance to agility</p> <p>Gymnastics</p> | <p>Striking and Fielding games (Cricket)</p> <p>REAL PE Counter Balance in Pairs Coordination with equipment</p> <p>Athletics</p> | <p>Net and wall games (Tennis and wallball)</p> <p>REAL PE Coordination Ball Skills Coordination Floor Movement</p> <p>Athletics</p> | <p>Net and wall games (Tennis and wallball)</p> <p>REAL PE Agility Ball Chasing Agility Reaction Response</p> <p>Dance</p> |
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