



## PE and Games Curriculum Map 2025-26

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Year 3</b>	<b>Invasion Games</b> (Rugby, football, netball)  REAL PE Static Balance Static Balance seated  Fitness testing  Swimming	<b>Invasion Games</b> (Rugby, football, netball)  REAL PE Static Balance floor work Static balance smaller base  Sportshall  Swimming	<b>Striking and Fielding games</b> (Cricket)  REAL PE Dynamic Balance Dynamic Balance to agility  Gymnastics	<b>Athletics</b>  REAL PE Counter Balance in Pairs Coordination with equipment  Dance	<b>Net and wall games</b> (Tennis and wallball) <b>Striking and fielding games</b> (Cricket)  REAL PE Coordination Ball Skills Coordination Floor Movement  Athletics	<b>Net and wall games</b> (Tennis and wallball) <b>Generic invasion games</b>  REAL PE Agility Ball Chasing Agility Reaction Response  Athletics
<b>Year 4</b>	<b>Invasion Games</b> (Rugby, football, netball)  REAL PE Static Balance Static Balance seated  Fitness testing	<b>Invasion Games</b> (Rugby, football, netball)  REAL PE Static Balance floor work Static balance smaller base  Sportshall	<b>Striking and Fielding games</b> (Cricket)  REAL PE Dynamic Balance Dynamic Balance to agility  Gymnastics	<b>Striking and Fielding games</b> (Cricket)  REAL PE Counter Balance in Pairs Coordination with equipment  Dance	<b>Net and wall games</b> (Tennis and wallball) <b>Striking and fielding games</b> (cricket)  REAL PE Coordination Ball Skills Coordination Floor Movement  Athletics	<b>Net and wall games</b> (Tennis and wallball) <b>Generic invasion games</b> Tri-golf  REAL PE Agility Ball Chasing Agility Reaction Response  Athletics
<b>Year 5</b>	<b>Invasion Games</b> (Rugby, football, netball)  REAL PE Static Balance Static Balance seated  Fitness testing	<b>Invasion Games</b> (Rugby, football, netball)  REAL PE Static Balance floor work Static balance smaller base  Sportshall athletics	<b>Striking and Fielding games</b> (Cricket)  REAL PE Dynamic Balance Dynamic Balance to agility  Gymnastics	<b>Striking and Fielding games</b> (Cricket)  REAL PE Counter Balance in Pairs Coordination with equipment  Dance	<b>Net and wall games</b> (Tennis and wallball)  REAL PE Coordination Ball Skills Coordination Floor Movement  Athletics	<b>Net and wall games</b> (Tennis and wallball)  REAL PE Agility Ball Chasing Agility Reaction Response  Athletics

<b>Year 6</b>	<b>Invasion Games</b> (Rugby, football, netball)	<b>Invasion Games</b> (Rugby, football, netball)	<b>Striking and Fielding games</b> (Cricket)	<b>Striking and Fielding games</b> (Cricket)	<b>Net and wall games</b> (Tennis and wallball)	<b>Net and wall games</b> (Tennis and wallball)
	REAL PE Static Balance Static Balance seated  Fitness testing	REAL PE Static Balance floor work Static balance smaller base  Sportshall athletics	REAL PE Dynamic Balance Dynamic Balance to agility  Gymnastics	REAL PE Counter Balance in Pairs Coordination with equipment  Dance	REAL PE Coordination Ball Skills Coordination Floor Movement  Athletics	REAL PE Agility Ball Chasing Agility Reaction Response  Athletics