

Year 6 Knowledge organiser Summer 1 Safety and the Changing Body



Heathfield Schools' Partnership

This unit builds on previous knowledge of Safety and the Changing Body in Year 5. Through this topic, the children will be well-informed about various aspects of life. They will understand the reasons behind adults' decisions to consume or abstain from alcohol. They will be encouraged to think critically about information and assess them so that they are not misled by misinformation, specifically online. They will move on to add to their knowledge of puberty from the Year 5 topic. They will understand the human reproduction, physical development and early stages of a baby's life, both in the womb and during the first months after birth. Lastly, they will learn about possessing first aid skills, including recognising and addressing choking incidents and administering CPR, equips individuals to respond effectively to emergencies, potentially saving lives. This comprehensive knowledge empowers children to navigate various aspects of life responsibly and confidently.

Key knowledge

- To understand that online relationships should be treated in the same way as face to face relationships.
- To know where to get help with online problems.
- To understand the risks associated with drinking alcohol.
- To understand how a baby is conceived and develops.
- To know how to conduct a primary survey (using DRSABC).

The DRSABC emergency action plan involves seven steps.

Danger

Check for any danger in the immediate vicinity.

Response

Check if the casualty is responsive. Ask if they are ok, squeeze their shoulders.

Send for help

Call 999 for an ambulance, or ask someone else to make the call.

Airway

Clear any obstruction of the airways and place casualty in the recovery position.

Breathing

Check for breathing. If they are not breathing normally (less than 2 breaths in 10 seconds), start CPR.

Compressions

30 chest compressions followed by 2 breaths. Continue this until help arrives or the casualty recovers.

Defibrillation

Attach an AED as soon as possible if there is one available.

Key Vocabulary

- Breasts**-Enlarged soft parts of a female's chest that produces milk for babies.
- Egg or ova**- the egg cell in a human body.
- Ovary/ovaries**- On each side of the womb and release one ova/egg every month.
- Vagina**-The tube inside a female which connects the womb to the outside.
- Vulva**-The external female sex organs.
- Fallopian tube**-the tube which connects the ovaries to the womb.
- Labia**-The folds of the skin on the external female genital.
- Menstruation/period**-The shedding of the womb/uterus every month which causes bleeding.
- Ejaculation**-When the penis becomes erect and sperm comes out of the body.
- Erection**-When a male's penis becomes erect and upright.
- Puberty**-the name for the time when your body begins to develop and change as you move from kid to adult
- Scrotum**-The pouch which hangs behind the man's penis and holds testes.
- Testicles/testes**-Produce sperm and male hormones.
- Fertilisation**-When a male sperm joins a female egg and a baby starts to grow.

Key Questions

- How do I know if a relationship is safe online?
- Why do adults drink?
- What are some risks of alcohol?
- Who is a reliable sources to answer questions?
- What are the names of the male and female reproductive parts?
- How is a baby conceived?
- How does a baby grow?
- How can I help someone who is choking?
- How can I put someone in a recovery position?

Getting help

In an emergency,
call 111 or 999.

If you are worried about
something, talk to an
adult you trust.

Contact: Childline
www.childline.org | 0800 1111
Calls **do not** show on the phone bill



Adults decide if they want to drink alcohol or not. There are risks related to drinking alcohol.

If someone is choking, we can help with back blows or tummy thrusts.

If someone is unresponsive but breathing, we should put them in the recovery position.



Respecting people online is as important as respecting them face to face.



In Summer 2, the children will learn about transitioning into a new school and discuss different strategies that can support them with this change. They will identify their achievements this academic year and celebrate them. They will set themselves goals for the next academic year and discuss everything they have to look forward to. Through class discussions, they will identify adults and peers who can support them through this transition.

Key knowledge

- To know that change will happen and most of the time, we can't stop it.
- To think about the good things that will happen when things change.
- To know that eating healthy and exercising can help us to cope with different situations.
- To know that talking to friends who are feeling the same way can be helpful.
- To know when to seek adult help.
- To do practical activities, such as getting equipment or stationery ready, so you are prepared for the change ahead.
- To relax and do an activity that you enjoy when you are feeling anxious about change.



Key Vocabulary

- **Transition**- changing from one state, stage, place, or subject to another
- **Cope**-to deal with and attempt to overcome problems and difficulties
- **Strategies**-a plan, method, or series of actions meant to perform a particular goal or effect.

Key Questions

- How can I deal with change in a healthy and responsible manner?
- Who can I ask for support?
- What questions do I have about moving to the next year group?
- What are you looking forward to next year?
- What are you worried about next year?

