

Physical education is an important part of the curriculum at Heathfield Juniors and two hours a week is timetabled for this aspect of the children's learning.

Indoor lessons focus on gymnastics or dance (dance activities are based on Think-Link topics). Outdoor lessons are planned to develop a range of physical skills and enable the children to take part effectively in sports such as football, rugby, hockey, basketball, rounders and athletics

Swimming

Children start swimming lessons halfway through Year 3 and continue to go swimming each week at Teddington Pool until the middle of Year 4.

This intensive programme enables more children to make progress in this area and this is reflected in the number achieving swimming awards over the last two years.



Clubs

A wide range of sports clubs take place each week and the school is always looking to expand this aspect of its provision. Clubs are organised by teachers and some outside providers

