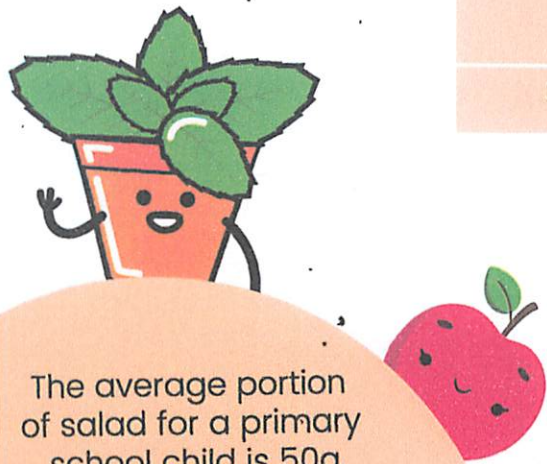


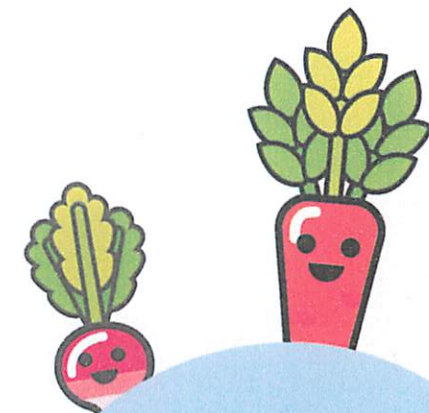
PRIMARY SALAD BAR

BREAD (1 minimum)	SINGLE SALAD ITEMS (5 minimum)	SLAW & SALADS (2 minimum)	CARBOHYDRATE SALADS (1 minimum)	TOPPINGS & DIPS (1 topping & 1 dip minimum)
Homemade Wholemeal Bread	Iceberg Lettuce	Coleslaw	Potato Salad	Toasted Sunflower & Pumpkin Seeds
Homemade Tomato Bread	Tomato	Florida Coleslaw	Potato Salad with Red Onions	Crispy Croutons
Homemade Beetroot Bread	Red Onion	Winter Coleslaw	Pesto Pasta Salad	Spiced Chickpeas
Homemade Fruit and Seed Bread	Cucumber	Waldof Salad (NF)	Roasted Vegetable Pasta Salad	Healthy Hummus
Homemade Cheese and Onion Bread	Mixed Peppers	Peas, Yoghurt, Mint and Cucumber	Orange Cous Cous Salad	Beans Means Dipping!
Homemade Carrot and Cumin Bread	Carrots	Cauliflower Cous Cous	Carrot Cous Cous Salad	Green Pea Guacamole
Rosemary and Garlic Focaccia	Sweetcorn	Greek Salad	Thai Noodle Salad	Creamy Carrot & Cumin
	Beetroot	Fattoush Salad	Potato Salad with Mint	Beetroot & Mint
	Olives	Mixed Bean Salad	Singapore Noodles	
	Celery	Beetroot, Orange and Apple	Quinoa, Chick Pea and Coriander	
	Mixed Leaf Salad	Sweetcorn Salad	Lightly Curried Rice	
		Beetroot, Chick Pea and Feta	Sweet Potato, Chick Pea and Spinach	
		Cheese and Chive Slaw	Spanish Vegetable Rice Salad	
		Eastern Slaw	Coronation Curried Potato Salad	
		Tomato, Red Onion and Mint	Curried Cous Cous	
		Tomato and Roasted Pepper	The Best Russian Salad	
		English Orchard Slaw		
		Roast Red Onion, Green Bean and Feta		
		Carrot, Raisin and Orange		



The average portion of salad for a primary school child is 50g.

If you are producing 6 recipes this will yield 120 portions.



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IT'S ALL GOOD